



Foggy Bottom News

January 1988

Published for and by the citizens of Foggy Bottom

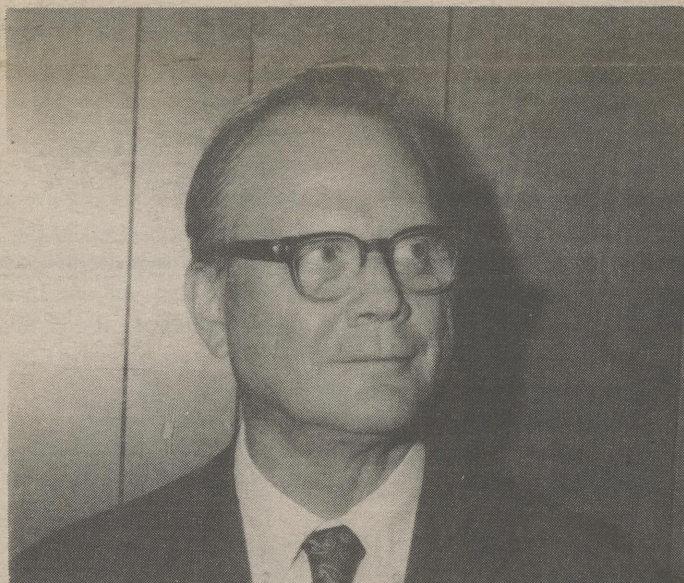
Volume 33, No. 4

Former FBA President Al Cottrell Dies

Alfred Cottrell, who served as President of the Foggy Bottom Association for almost five years, died January 11, 1988, at George Washington Hospital. He had suffered from heart disease for several years.

FBA President in 1969 and 1970, and again in 1978, 1979 and 1980, Cottrell was active in many community organizations, especially St. Mary's Court. He was a native of the District of Columbia, and attended Lehigh University, gaining a B.S. in electrical engineering, and received a law degree from George Washington University. He had been retired from the Chesapeake and Ohio Telephone Company.

Last spring Al was one of six honorees at a community service recognition ceremony for his continued commitment to the Foggy Bottom community and to the District of Columbia as well. Our deepest sympathy to his wife Opal. We shall miss him.



The D.C. Budget Process and You

On about February 8, 1988, the D.C. Council expects to receive the budget proposed by the Office of the Mayor for fiscal year 1989 (Oct. 1, 1988 to Sept. 30, 1989). **Tammie Robinson**, Research Assistant, D.C. Council Committee on Finance and Revenue, will provide the FBA audience with the schedule for public hearings conducted by the nine D.C. Council Committees which review different parts of the proposed budget and make recommendations during the 50-day period for Council review. She will describe the budget areas covered by each committee, and the public notice process.

Particular attention will be focused on the areas of public works, litter, recreation, and human resources. In doing so, Ms. Robinson will review the highlights of the \$2.6 billion budget for FY 1988. She will also review D.C. income tax changes for the tax year ending December 31, 1988, including the doubling of the standard deduction, the increase in the personal exemption, and the modified tax rates.

ANC Holds Meeting on DPW-Traffic Impact Study

The Foggy Bottom and West End Advisory Neighborhood Commission (ANC 2A) held a special public meeting on January 8 to formulate its response to the D.C. Department of Public Works (DPW's) proposed Traffic Impact Study draft for our neighborhood.

According to the DPW report, the traffic study will analyze the volume of commuter traffic, the impact the future development and traffic changes, and methods of alleviating the present traffic and environmental conditions generated by through traffic, including truck traffic on local residential streets. The proposed study area boundaries are M Street on the north, Virginia Avenue on the south, Potomac Parkway on the west, and 23rd Street on the east.

The study draft was the result of meetings between DPW officials and the community's East End task force, on which the ANC was represented.

The ANC voted 5-1 to send a letter to the Director of DPW stressing the need for the study to proceed promptly to address and help ameliorate the neighborhood's traffic problems. It called on DPW to explore whether the eastbound access ramp on K Street between 24th and 26th Streets should remain open or be closed. It asked DPW to study the feasibility of structural barriers to separate local and through traffic along this part of K Street.

The letter also urged DPW to address to issue of routing trucks from these blocks of K Street. Moreover, it recommended that the contractor should subcontract for a scientific study of noise, vibration, and pollution based on up-to-date data.

The letter also expressed grave concern about the possible impact of a feasibility study now under way for the west end of K Street, which could have the effect of diverting traffic from Georgetown's M Street to lower K Street and potentially into our neighborhood.

The ANC also called on DPW to follow through on several more immediate measures to improve conditions along K Street. One is to install a new traffic light on the westbound access ramp at 25th Street to separate access from through traffic, reducing congestion and hazards to pedestrians. The light would show red when the freeway light shows green and vice versa.

Another is to make new street markings along the pedestrian crosswalk at 25th Street to in-

dicate more clearly where traffic should stop and pedestrians should walk. A third is to replace the yellow poles which separate freeway and local traffic on the south side of the street with a more effective and attractive deterrent so that motorists will not attempt to enter 25th Street at that point. The letter also urges DPW to make available an architect to help make the K Street corridor more attractive and less noise-ridden.

The letter was introduced by Commissioner Ralph Rosenbaum and contained suggestions drafted by Commissioner Richard Striner. Voting in favor were Commissioners Clapp, Palco, Rosenbaum, Schumacher, and Striner. Commissioner Tyler was opposed.

MEETING FOGGY BOTTOM ASSOCIATION

"The D.C. Budget
Process and You"

8:00 P.M. Monday
January 25, 1988

St. Paul's Parish House
2430 K Street, N.W.

Creatures and the Human Element: The Story of a Squirrel

By Claire Ciftci

Experts will tell you that wild squirrels have no type of planned communication with humans. Their movements and eating habits are simply controlled patterns. It is mere coincidence if the same squirrel appears at your door. (Yes, it is possible to see different markings to recognize one from another.)

But this is Ruffles' story and it began early one spring: the incessant nocturnal scrambling above my bedroom ceiling prompted my decision to remove, then re-cement the loosened bricks beneath the roof gutters.

Until the roofing company came, the nightly scraping, gnawing, and skittering above me increased. The perpetrators were two large squirrels who peered over the edge of the opening to monitor every passerby who neared the house. Often they scolded if we were too presumptuous and stared upward longer than simple curiosity allowed.

The roofer was instructed to stamp heavily, making certain the squirrels were out before sealing the bricks. Both were seen dashing from the housetop "home."

That evening, while gardening, I glanced up to see one furious squirrel screeching from the roof just above the now closed opening. "No room at this



inn," I responded. The small animal began a frenzied high pitched squeal. Her tail undulated, fluffed, and made blurred circles (hence, the name Ruffles).

My amusement soon turned to concern as she slid—clinging to the house—down to my eye level. Then back up she went, all the while screaming some kind of plea. On the third descent, she leaned her body away from the house until her tiny face nearly touched mine. She made staccato squeaking noises and then I noticed.

Her breasts were engorged. Her babies were sealed under the roof! That this little wild creature was feeling the same panic that any human mother

would experience if her young were in danger was rather humbling. In an attempt to quiet her, I offered peanuts which she took from my hand.

Through the Animal Rescue League, I obtained a contractor who would remove the bricks once more. Ruffles regained entrance. About three weeks later, there were mother and three very small heads peering out from the opening.

Long after the bricks were replaced and the offspring scattered, Ruffles continued to visit. If the door was closed, she jumped against it, then balanced on the fence making characteristic suction noises until I appeared with nuts. Often she came all the way into the house.

Was it only by pattern that Ruffles came flying along the fence as soon as I parked the car? Lacking scientific expertise, I am free to enjoy a speaking acquaintance with those busy little critters.

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January 1988

Volume 32, No. 4

Foggy Bottom News

The *Foggy Bottom News* is a publication of the Foggy Bottom Association. All editorial assistance is contributed on a volunteer basis by residents of the area.

Editor Ellie Becker
Assistant Editor Kirsten Olsen
Circulation Judy Thomas/Ellie Becker
Advertising Betty Lawrence Olsen

February Issue Deadlines:

Articles & Ads to be typeset - February 10
Camera-Ready Ads - February 19

All announcements, letters, articles, etc., welcome but must be typed **double spaced**. Please include an evening phone number. Send to:

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BIZ BUZZ

Paul Groshko is the new manager at the Watergate Safeway. Groshko comes from the Chevy Chase Safeway, and will soon finish his Master's of Finance at American University. He graduated from Michigan State's food systems program in 1981, and plans to marry soon after graduation.

Barbara Adams, a desk clerk at the Claridge House on 25th Street, has completed the Washington School for Secretaries course, and has joined the law firm of Cohn and Marks as a receptionist/typist.

Robert Goodman is the new coordinator of sports marketing and promotions for GW's department of intercollegiate athletics. Goodman is originally from Penn Wynne, Pennsylvania (a suburb of Philadelphia) and graduated from Temple University in 1984. He received a master's in Sports Administration from Temple in 1986 and until he came to GW was director of media relations for the Omaha Royals, a farm team of the Kansas City Royals.

John Suh, an acupressure massage specialist, has just joined the Georgetown Prevention Health Institute (not affiliated with Georgetown University). Suh, practices a 6,000-year-old method of massage from China which is essentially acupuncture without needles, and is used to relieve pain in the body. One of Suh's customers is Mitislav

Rostropovich, conductor of the National Symphony. Suh also works at the Watergate Health Club.

Had you heard a GW medical team of **Drs. Benjamin Aaron, John MacOviak and Jay Darrow** performed the first GW heart transplant at the hospital?

Raymond Lovett, a psychotherapist whose offices are at 2400 Pennsylvania Avenue, had a piece entitled, "Therapist Dyed, Sessions Canceled" published in the August issue of *Smithsonian Magazine*. The article revolves around the author, who for a party had dyed his hair, and later found the "navy-blue black" did not wash out. The article describes how he dealt with it, and how others reacted to his new appearance.

The call came . . . then the letter . . . "You are selected as a temporary newswoman for the period beginning January 18th and ending July 18th, 1988 with AP Broadcast Service in the Washington D.C. Bureau." Talk about a Happy New Year for Kirsten Olsen, who has been the assistant editor of *The Foggy Bottom News* for almost two years now. Olsen had interviewed with AP sometime back for almost four hours but then another meeting was scheduled later, this time with the higher-ups to see if they would agree on her as a selection for this enviable six-month stint. They did. Olsen has been working recently as a news anchor for WQRA Radio in Warrenton, Virginia, for almost a month now, signing the station on the air at 5 A.M. with five or so newcasts, then going to her full-time posi-



KIRSTEN LAWRENCE OLSEN

(Photo by Bill O'Leary, *Washington Post*)

tion in the Sports Department at the *Washington Post* afterwards. Did you see her half-page story in the District or the Maryland sections the first week of January on "Sports Acrobatics"? Olsen has been trying to decide lately what exactly she wanted in a career and set her sights on the Associated Press position. But she wasn't the one who would decide; it would be decided for her. And . . . it was. This is a good news story. Olsen is planning a career in broadcasting.

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SEWALK TALK

by Betty Olsen

The brew of Heurich is on the shelves and in the coolers in the area again. It is the brewery that used to be located where the Kennedy Center is today. In 1873 **Christian Heurich** began a family brewing tradition in the Nation's Capital. Renowned in his day as America's oldest active brewer, Heurich presided over the brewery on the shores of the Potomac River until his death at the age of 102 in 1945. The beer is now offered by the third generation brewer as Olde Heurich. Heard the company is looking for a brewing site near the capital again as in the days of yore.

Did you hear that **Mr. and Mrs. Charles E. Smith** are moving to Watergate? Mr. Smith is a major developer in the area after whom The Smith Center was named at GWU.

Judith Martin, alias Miss Manners, syndicated columnist, was awarded the Stephen Holly Bronze Award at GWU recently, for her outstanding contributions to journalism. **Phil Robbins**, head of the Journalism Dept., was in charge of the talk and follow-up reception for the evening.

Working on her Master's degree in business at GWU, **Kathleen Burns** is also learning French at the Alliance Francais. However, she said she traveled to France this past summer and could hardly understand a word that was spoken.

Ooops, had **Stephanie Chau-fournie** obtaining her Master's degree at the wrong university in a recent Sidewalk Talk. Her school is John Hopkins University — not the other one mentioned. Her parents, **Edna and Roger Chau-fournie**, who visit their daughter frequently at The Griffin, traveled to the Orient recently.

Mike Skawin of Hughes Mews loves Foggy Bottom, especially the Mews. He attended Catholic University, moved here and wouldn't live anywhere else.

Marty Silverman, a GWU grad, was in town for the honoring of Judith Martin recently. He is an aerial photographer in the New York area now, and actually tethers from the helicopter getting the good shot of the lay of the land.

Stop by Bon Jour Cafe Boutique just over the viaduct of Georgetown and see **Becky Pugh's** Corgi "Nutmeg," chase bubbles.

Hardings Say Farewell To FB

This reprint was made available to the Foggy Bottom News by Carl's wife, Marge Harding, to whom he's been married since 1969. Mr. and Mrs. Harding were married after Betty, his first wife, died.

Marge said, "It's strange Carl started his beauty salon in 1958 with two operators and closed this past October 31 with two

operators," both with him more than 20 years, "Mr. Louis" Marinaccio and "Ruth" Murillo. "Carl is retiring to our home at Harbour Square to enjoy our view of the Washington Channel and the Potomac River from our balcony," Marge added.

Thank you, Mrs. Carl Harding, for sharing this moment of Foggy Bottom News history with us.

COIFFEUR OF FOGGY BOTTOM

*(Excerpted from the May 1960
Foggy Bottom News)*

Coiffeur a les dames de Foggy Bottom is the way the denizens of the Left Bank of Rock Creek refer to Monsieur Carl Harding.

Two coiffeuses — Carmen Rakha and Karolina Silcott — assist M. Harding in his Salon of Beauty in Potomac Plaza, but the deft hands of the master hair-dresser himself are required by many customers.

Carl began his work as a barber, and to this he attributes his skill in shaping hair. When women began to wear their hair short, they often went to barbers for their haircuts.

After Carl had built up a following of women customers, he established his first beauty salon on North Capitol Street. That was in 1932. Later he had a place on Kennedy Street, N.W., and he opened his establishment in Foggy Bottom in 1958.

Carl's two coiffeuses are experienced beauty parlor operators.

Carmen, a native of Spain, was born in Barcelona and came

to the United States with her parents when she was a young girl. She learned her profession in New York, worked at Saks Fifth Avenue before she came with her husband to live in Washington, where he is studying medicine at GW.

Karolina, who of course is known as "Lina," is a native of Germany. She was born in Munich, and came to this country as a young girl. Lina is married and has a married son, who has a child. A very young-looking coiffeuse for a grandmother is Lina. She has been working for Carl for 15 years.

Ladies, as well as gentlemen, still prefer blondes — or blonde hair, anyway — according to Carl. Asked what his customers prefer, Carl quoted a paraphrase of a famous saying: "If I have but one life to live, let me live it as a blonde."

But Carl can give his clients any color of the rainbow — even green. Right now, silver-blond and rose-beige are greatly in demand.

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Welcome Back, Marianne and Jazzercise!

This month we welcome back as an advertiser Marianne Smith, our local Jazzercise instructor. United Church at 20th and G is the site of her classes on Monday and Wednesday evenings at 6:30. (She also teaches at the Department of State.)

Marianne took some months off to devote herself to the birth and rearing of son Jason, age six months, but is now back with all her enthusiasm intact. She thanks her substitutes over the summer, and invites her former students to drop in again, and en-



courages new students to try out the "#1 Fitness Program in the World."

Marianne has just celebrated her third anniversary teaching Jazzercise at United Church; instructors before her in Foggy Bot-

tom were Mary Forseth and Kathy Coltellarro who had classes at Immaculate Conception Academy. Both Mary and Kathy continue in Jazzercise, in Vancouver, Canada and San Diego, California, respectively.

An attorney by profession, Marianne is on leave from the Department of Labor where her job involves appellate litigation. Her husband, Paul, is also an attorney with the Department of Transportation. It was the stress involved in her somewhat tense work which led her to Jazzercise some years ago, and she still claims "good mental health" as one of the benefits of performing and teaching her healthful subject. She started as a student in the fall of 1981, and has now been a teacher for a total of five years.

Her demeanor is a typically sunny disposition common to Jazzercise teachers. She "still loves it," enjoys the students and learning new routines to the hit songs used. She continued to teach during almost all of her pregnancy, and believes her son caught her love of rhythm prior to birth, as he now sways and bounces in time with her during practice sessions. He also enjoys one of her favorite pasttimes, parties large and small, and came to a recent one most appropriately dressed.

Pothole Hotline: The D.C. Pothole Hotline number is 767-8527, which is open weekdays from 8:15 a.m. to 4:00 p.m. You may use that number to report potholes you observe while driving or walking.

St. Paul's Parish Pantry: Last month, in the spirit of Thanksgiving, we asked members to bring food donations to St. Paul's for that church's ministry to the poor and thanks to all who responded. The need continues, for ready-to-eat foodstuffs (meat, vegetables, fruit, etc.) which are packaged in easily opened containers such as jars or peel-open cans.

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It Can Be Habit-Forming. . .

Take It From a Former Couch Potato

by Ellie Becker

For all too many years, the writer heard friends talk about how wonderful exercise made you feel, but remained a skeptic at heart. Then one day I decided to look after myself better, and gave a Jazzercise class a try. As a newly reformed smoker, I almost didn't make it through the first couple of classes. But I took it easy (as the instructors tell you) and quite soon I was hooked, and felt cheated if I missed classes.

The music and simple but fun dance steps were the first "carrot." The use of popular music, with new routines every 8 weeks, keeps you literally on your toes and in tune with what's playing on the radio. The segments of the hour-long sessions are warm-up and muscle isolation, aerobic exercise, toning of specific areas, stretching and cool-down. The routines are easy to do on a low-impact or a high-energy basis, allowing my younger classmates to get their heavy workouts while allowing me to have less energetic but equally satisfying time.

I found that I am among the large percentage of the population who have no motivation to do any extensive exercise in solitude, with the exception of long walks on crisp days. The non-competitive, somewhat social aspect is a must; there are always a few minutes to catch up on your fellow classmates' activities, but no pressure to be charming if the mood doesn't strike you. And speaking of moods, one is almost always in a better one at the end of the class, as the mind is on the music and movement, and not on your worries!

There are 3,000 trained Jazzercise instructors teaching this fitness program to 400,000 participants in the U.S., Canada and 14 other countries. Its widespread popularity allows those of us who travel to attend familiar and proven exercise classes in other cities, a real plus! All it takes is some planning and a couple of phone calls.

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FACES of Foggy BOTTOM

By Kirsten Olsen

Name: William Richard Cahill
Address: 2507 Eye Street
Business: In school
Hobby: Collecting and dissecting things

He speaks French, goes out for breakfast every day, and one of his girlfriends is a model. No, he's not *Cosmopolitan's* "Bachelor of the Month," — he's just seven years old.

William, who says he's thinking about changing his name to "Jim," (because he says he's not crazy about William or Richard) is one of Foggy Bottom's originals. His parents met working out at the Watergate Health Club, they have bought and redone a house on Eye Street and both William and his three-year-old sister Chloe were born in Foggy Bottom.

"The terrible truth (about having a sister) is that it's awful," says William. No, he wouldn't like it any better if she were a boy — all younger siblings are pests.

Though he says he "doesn't really like school," he admits he's pretty good at it, and tops in his first grade class at the Washington International School in Georgetown, which he had attended since he was three. Girls don't bother him — he says he has 18 girlfriends in his school, not counting the 19-year-old



model from Florida. William has a card from her saying how she likes him, and William says she "doesn't care about age."

In his spare time, William collects things like dead beetles, moths and salamanders, and dissects them (he even has a dissected barracuda his dad bought him). This makes him think about becoming a surgeon because you get paid well for peek-

ing into the insides of things. He collects his treasures on his parents' property in Berkeley Springs, West Virginia, where they intend to build a house.

His favorite animal is the snake, though he likes eels as well. For Christmas he received a garden snake, which he keeps in a plastic cage. He's named it "Thunder" and says it took him a long time to convince his mother to let him have one. In addition, he also has a desert tortoise (which he says he is going to ride when it gets big enough), an aquarium, a tadpole that he is going to let develop into a frog, and a family sheepdog named "McFee."

He also collects fossils, and things like dried snake skins which he finds, and makes his own slides to view through one of his three microscopes.

Guide for Seniors Updated

Iona House Senior Services announces the publication of the 1987-88 *Resources for Older Residents of Northwest Washington, D.C.*, the newly updated sixth edition of this popular guide to programs and services for persons over 60 in northwest Washington west of Rock Creek Park.

Resources for Older Residents of Northwest Washington, D.C. is a

concise, comprehensive guide to programs and services for senior citizens. It includes information about health care, emergency services, housing, legal assistance, nutrition programs, recreation, adult education, transportation, volunteer opportunities, legal services, employment and government services. A valuable tool enabling older people and their friends, relatives and professionals who care for them to locate and use community services, it has also been helpful to persons who live out of town but have older relatives living in northwest Washington.

It is available free of charge at local community centers, public libraries and other convenient locations, and it can also be picked up at either of Iona House's offices, 4200 Butterworth Place, N.W. or 4000 Albemarle Street N.W. There is a postage and handling charge of \$1.00 for single copies ordered by mail. For further information about mail orders or obtaining multiple copies for distribution, call Iona House at 895-0234 or 966-1055.

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Program Activities at St. Mary's Court to be Increased

St. Mary's Court has announced that its resource development program has now moved to the planning stages for an expanded schedule of program activities for the St. Mary's Court Community Center. Program activities will be the core of the St. Mary's Court Community Center serving a wide spectrum of persons of all ages throughout the Foggy Bottom community and the greater metropolitan area. To assist in planning the schedule, St. Mary's Court needs to know

what programs the community is interested in and would like to attend. St. Mary's Court asks that you take a few moments to review the list of activities below, check those in which you would like to participate and send it to William A. Matthews, St. Mary's Court, 725 - 24th St., NW, Washington, DC 20037. From your responses, the events, classes, tours, lectures, health talks, recreational activities, etc. can be tailored to our community's needs.

Continuing Programs:

1. Crafts Class
2. Poetry Class
3. T'ai Chi Class
4. Art Class
5. Humanities Class
6. Meditation Group
7. Musical Recitals
8. Historical Tours
9. Health Care Lecture Series
10. Holiday Parties
11. Bazaars
12. Slide Shows
13. Nutrition Lunch Program

14. Bus Tours

15. Movies

16. Bingo

17. Community Meetings

Projected Programs:

1. Drama Class

2. Aerobic Dance Class

3. Sunday Brunch

4. Historical and Literary Lectures

List below other programs you would like to participate in:

NEXT ANC MEETING

Tuesday, February 9
7:30 p.m.

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Loretta Hardge is GWU Director of Communications

Loretta Hardge has been appointed director of communications at The George Washington University.

Before assuming this post in the GW Office of University Relations on December 1, she was assistant director of public relations for news and information at Trinity University in San Antonio, Texas. In her 11-year career, she has also held positions as assistant director for public affairs, publications and information services at Texas A&I University, director of public information at Kentucky State University, and director of public relations at Atlanta University Center.

In the course of her career, Hardge has produced and hosted radio shows and a community-access cable program, served as executive secretary of the

Atlanta University Center/National Alliance of Business Cluster, and worked with the annual United Negro College Fund (UNCF) campaign drive.

Active in professional and civic organizations, she is a member of the Council for Advancement and Support of Education (CASE) and the Public Relations Society of America (PRSA). In Kentucky, she served on the board of the Frankfort chapter of the American Red Cross, and was a charter member of the Capitol Business and Professional Women's Luncheon Club.

A native of San Antonio, Texas, she is a 1972 graduate of Radcliffe College, Harvard University. She holds a Master of Arts degree from Atlanta University Graduate School of Education.

By Ellie Becker

Phil DuSault of 25th Street was one of the Distinguished Presidential Rank Award recipients early this month during ceremonies in the Old Executive Office Building. DuSault, deputy associate director for international affairs of the Office of Management and Budget, also received a bonus as part of the award, the highest given for civil service. Congratulations, Phil!

Debbie DuSault, Phil's wife, was one of a group of "conspirators" who created an elongated welcome back card for "**Mike**" **White**, the mail carrier who had been on an extended sick leave. The idea of a special warm welcome message was **Brooke Spiedel's**; **Grace Watson** prevailed upon her computer to create an especially appropriate greeting, and Debbie donated shoe leather getting signature from many residents, all of whom signed with enthusiasm. Then came the efforts by Debbie, Brooke, **Betty Brown & Mary Brewster** to surprise Mike by lying in wait for him on several mornings right before Christmas. We finally settled for no surprise and arranged for Mike to come by, but we do think he was surprised by all the names. And, of course, we only made a start on the people on his route who were happy to have him back!

The early day of the New Year brought snow and unusually cold weather, which may make it easier for **Ed** and **Eve Winterbottom** to make their move to warmer climes. The longtime residents of the York Apartments on 20th Street will be settling in a Lakeland, Florida retirement community. Ed has always said that the York is like a small community of its own within the city, and many of its residents have found it a homelike atmosphere. Ed and Eva have three children and 7 grandchildren, and he reports

Foggy Doings



Ellie Becker, Debbie and Billy DuSault, and Betty Brown lying in wait to present greeting to "Mike the Mailman." (The photo of Mike did not turn out well.)

they were all gathered for his 80th birthday celebration. We will miss having them in the neighborhood, but he says the welcome mat will be out!

Ed also reported an occurrence at the York perpetrated either as a prank or as a rather cruel burglary—the theft of the building's Christmas tree. Located in the lobby, it had been completely decorated by the York employees, and someone just waltzed away with it. Hope they got switches in their stockings!

Just before Christmas I saw **Trudy Kramer** at Washington Circle. Trudy at one time worked at GW Hospital and lived nearby. She has been living in Boston and New Haven.

Richmond is the new home of **Sylvia Tamayo** and her husband **Paul Suijk**, formerly of the Plaza on 25th Street. Sylvia is the mistress of the minute white poodle, Nina, who will be moving south as well when things are more settled there. They were able to return to spend the holidays here.

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BEYOND THE BOTTOM

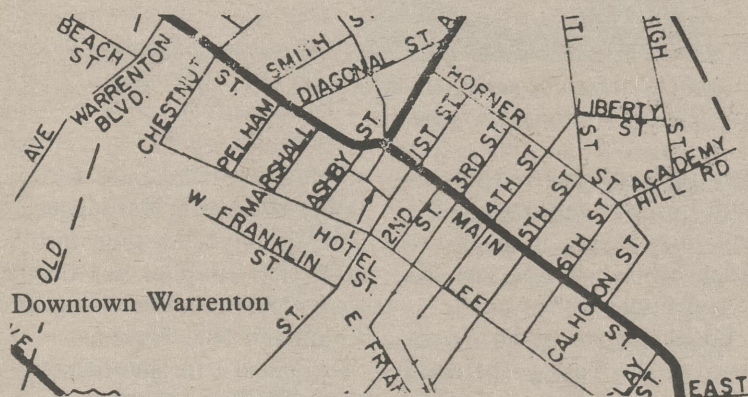
By Kirsten Olsen

Next to burrowing into a warm bed on a cold evening, riding through the countryside on a clear winter day with the heat blowing on your ankles is one of winter's pleasures.

A perfect place to sneak away from the city bustle is Warrenton, Virginia, just 45 miles outside Washington on Route 66.

Perched on a hilly crest above the Virginia piedmont plain, War-

renton has the friendliness and appeal of a young puppy sitting up on its hind legs begging for a treat. You instinctively want to remark how cute it is.



renton has the friendliness and appeal of a young puppy sitting up on its hind legs begging for a treat. You instinctively want to remark how cute it is.

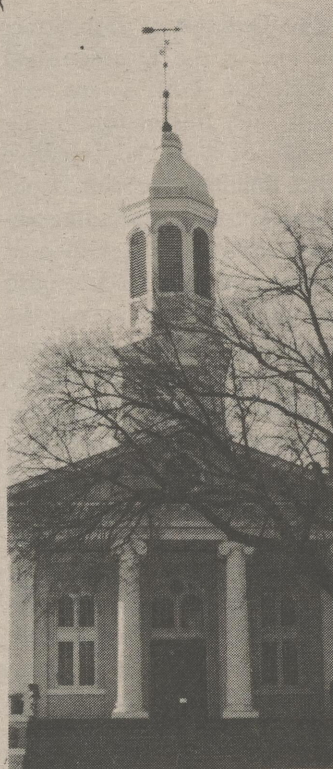
The frontier of Virginia back in 1740, today the Warrenton area is the edge of the burgeoning Washington metropolis. But the town with its spired courthouse and genteel homes is a nice wandering place close to home.

Upon entering the old town of Warrenton via Route 29, the most noticeable building is the

Old Courthouse, whose front porch has a marvelous vista of the surrounding plain. This courthouse was built in 1893, though similar edifices had served as courthouses on the site since 1791. Warrenton was originally settled around a trading post established at a crossroads of the piedmont. The town and the county (Fauquier County named in 1759 after the Lieute-

nant Governor at the time — Colonel Francis Fauquier) developed rather late because of Indian settlements in the area. Not until the Iroquois agreed to use the Shenandoah Valley for their forays into the Carolinas (by the Treaty of Albany in 1722) was the area opened for development.

The Revolutionary War didn't touch the town, save for some locals joining the conflict, and the Civil War, while the area served as a transportation route for both the Union and



Old Courthouse

Confederate armies at different points, did not physically mar the area. Thus, much of the town even now is a mix of new and Civil War era buildings.

The old Gaol, to the right of the courthouse, was in fact the longest continually operating jail in the U.S. Its heavy rock walls were set in 1808, and served as a holding pen for local criminals until 1965, when local efforts had it preserved as a historic landmark.

Probably the area's most famous son was John Marshall, Chief Justice of the U.S. from 1801-35. He was born just nine miles out of Warrenton, and his belief that the states should be subordinate to the federal government solidified the young United States' power significantly. A sitting statue of him, unveiled in 1959 as part of the town's bicentennial, sits in front of the old county clerk's office to the left of the Old Courthouse.

One other building of note is the Old Warren Green Hotel, directly in back of the Old Courthouse. It was popular when Warrenton was known as a summer retreat, and when sulphur spring baths were popular (there are springs in the area).

Now the area is known as hunt country, with its nearby neighbors of Middleburg and

Leesburg. Warrenton hosts several horse events, notably the Warrenton Hunt started in 1888, the Warrenton Horse Show begun in 1900 (a big hunter show), and the first Virginia Gold Cup steeplechase in 1922.

More information can be found on the historical nature of the town from the Chamber of Commerce on Beckham Street (see map). But the real joy of the area is just putting around the countryside past the sprawling colonial and Victorian homes that surround the town. One particularly nice side road is Route 744, which has some fabulous pastoral scenes — like rolling fields dotted with shaggy horses in their winter coats.

Main Street, the road that

runs along the ridge of the town in front of the Old Courthouse, also has several small shops and eateries. The downtown area serving the town's 4000 residents is not dull. Every day except Sunday it's bustling with shoppers, and features some surprises like Madison's barber shop that has a real barber pole and old-timey brass barber chairs.

Of course, like all towns, there is a strip of fast-food establishments and auto repair centers on Business Route 29 about one mile from the old town, if you feel a day off is an excuse for a day without your diet.

So if you're suffering from cabin fever, get out and take a drive to Warrenton Beyond the Bottom.



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